



The Jaycees Comfort Shawl Project 2008

As a hug imparts comfort and love, so these shawls will embrace, enfold and comfort those who will receive them. Shawls, made and worn for centuries, can provide warmth, solace and beauty to people who are suffering from the ravages of cancer and other illnesses.

As we begin to knit with the Jaycees, we are asking that each knitter choose a prayer, inspirational quote, lyrics from a song, or a poem that will become a part of their shawl. Upon completion you are asked to pin those words to your shawl so that the recipient will not only be wrapped in the warmth of the knitted yarn, but also embraced by the loving thoughts that were woven into it. Also, it is suggested that you write your name, address, and/or email address on the shawls so that the receiver of the shawl can contact you.

Below are suggested directions and supplies, but feel free to stay with basic knitting and crocheting. Also, feel free to choose yarn based on your own personal budget.

The pattern uses the number three which is symbolic of many things:

- Faith Hope and Love
- Body Mind and Spirit
- Earth Sea and Sky
- Wholeness
- the Holy Trinity

Shawls can be mailed to our P.O. box:

167 Cherry St. #284
Milford, CT 06460

Suggested Supplies and Directions

Recommended Yarn and Knitting Needles:

Lion Brand Homespun - make sure that all yarns have same dye lot. Lion Brand Homespun tends to unravel when cut, fringe may need to be knotted at ends. Yarn must be synthetic as woolen yarns may cause allergies or scratch. The knitting needles should be around 11 to 13 inches.

Knitting Directions:

3 skeins of Homespun yarn (synthetic)

Size 13 needles (11 to 15 can be used depending on your preference)

Cast on 57, 60 or 63 stitches

Option 1: knit 3, purl 3 across row – (ends with knit 3)

Continue this pattern using first 2 skeins – at beginning of 3rd skein make the tassels (length is your choice) – recommend using the short side of an 11 x 8 ½ pad to wrap yarn around (51 times); cut the yarn across one edge. This leaves enough yarn for tassels at one end. (Do this again and save for the other end of the shawl.) Continue knitting in pattern until the third skein is finished, leaving enough yarn to loosely bind off the stitches. Attach tassels to the finished ends.

For attaching tassels: double 3 strands of yarn, using crochet hook, pull loop through the shawl, then pull strands through the loop giving each strand a tug to tighten. Space tassels evenly across end of shawl.

Option 2: knit 3 rows, purl 3 rows or simply knit entire shawl (this option may be a bit easier for the beginner.) Follow the same directions as above for the tassels.

Crochet Directions:

Crochet hooks size: M, N or P

Chain 54 stitches or desired width of shawl.

Chain 1, turn, single crochet in each of the stitches to end. Chain 3 and turn.

Double crochet in top of each single crochet. Repeat this row 2 more times.

Chain 1 and do 1 row of single crochet to end. Chain 3 and turn.

Do 3 rows of double crochet. Repeat pattern to end (1 row single, 3 rows double)

End with 1 row of single. Finish with fringe.

(Note: crocheting typically uses more yarn than knitting, so you might have to adjust the width and size of hook or use another ½ skein.)

Finished shawls should be approximately 54-58" long.

Shawls should be turned into the Jaycees by October. 12, 2008
For more information goto : www.TheComfortShawlProject.com

***** Thank you for being a part of this project. *****